

# Respite Care for People with Autism

This course has been designed to provide training for people who are providing "hands on" respite care to individuals who have autism. In this self-paced online course you will learn about Autism Spectrum Disorder (ASD) and understand how people with ASD experience the world.

## Course Outline:Â

- Module 1 – Your Roles as a Respite Worker
- Module 2 - Understanding Autism Spectrum Disorder (ASD)
- Module 3 - Communication
- Module 4 - Social Interaction and Play
- Module 5 - The Unique World of ASD
- Module 6 - Strategies for Positive and Enriching Respite Care

## Learning Objectives:Â

- Describe the role of a respite support provider
- Identify qualities that families look for in a respite provider
- Define ASD and explain why it is called a spectrum disorder
- Give examples of communication challenges in ASD
- Describe several techniques to encourage social interaction skills
- Create meaningful activities for a person with ASD
- Ways to reduce anxiety in a person with ASD
- Explain the concept of predictable function
- Develop strategies for positive and enriching respite care

Register for Respite Care: People with Autism