

# Respite Services Training Certificate Course

The Respite Services Training Certificate can be used by a range of people. It was designed as a self-paced online course to prepare individuals to work in respite support situations and also provides a basic level of training for current respite workers. Those who are already working in the field may find it useful to take the course to explore areas they are less familiar with ensure they have a full understanding of all the skills required.

View Online Sample Course (Click "Start Program" to run demo. Please note that all icons are disabled in this demo version.)

## Course Outline

- Module 1: The World of Respite Support: An Overview
- Module 2: People You Will Support
- Module 3: How to Support a Person in a Meaningful Life
- Module 4: Communication
- Module 5: Boundaries
- Module 6: Personal Care
- Module 7: Creating a Positive Environment
- Module 8: Confidentiality
- Module 9: Health and Safety
- Module 10: Abuse
- Module 11: Closure
- Module 12: Quiz and Summary

## Learning Objectives

By the end of this course, you will be able to:

- Describe the role of a respite support provider
- Support a person in a "meaningful life"
- Deploy active listening skills for effective communication
- Define clear boundaries of what should and should not be expected of a respite support provider
- Create a positive environment to handle challenging respite support situations
- Implement good health and safety practices in respite support situations
- Recognize signs of abuse and know the proper procedures to follow in such cases
- Properly bring closure to a respite support relationship

Register for the Respite Services Training Certificate Course